## St. Mary Magdalen School 2430 N. Providence Rd. Media, PA 19063

## When to Keep Your Child at Home

It is important to maintain a healthy environment in the classroom to protect all students. Please seriously evaluate your child's health and ability to be productive in school when he or she complains of a headache, stomach pain, sore throat, or cold symptoms without a fever. Children often have no fever in the morning, but as the day progresses, can develop a fever. Keeping your sick child home will help him/her recover sooner and will help to prevent the spread of germs to others. The following symptoms may indicate a contagious illness. Your child should be kept at home if any of the following occur:

- Fever of 100° or higher the night prior to or the morning of school; student must be fever-free for 24-hours before returning to school without the use of Tylenol, Motrin, or other fever reducing medication.
- Headache unrelieved by Tylenol or Ibuprofen.
- Vomiting and/or diarrhea within the past 24 hours; Unless vomiting can be associated with a factor specific to a non-contagious illness, students must be vomit/diarrhea-free for 24- hours before returning to school.
- Sore throat lasting 2-3 days; a visit to the doctor may be needed to rule out strep throat.
- Drainage from the eyes, puffy eyes, and/or crusty eyes.
- Excessive coughing unrelieved by cough drops or cough medicine.
- Rash (unless determined to be non-communicable by a physician)
- Abdominal pain.
- Dizziness or chills.
- Stiff neck or headache not caused by an accident or fall.